



Cross Country New Brunswick Ski de fond Nouveau-Brunswick

Para Report 2019-2020 Cross Country Ski New Brunswick

June 2020

Successful Para Development Camp in Canmore November 2019. Our new sit skier, Josh Nevers attended this camp and received great training and information.

Josh continued to train and along with sit skier Shane Dunnett had many great workouts.

New skis and poles were purchased for both sit skis. Josh designed and built his own sled and it looks like he may be doing this as a mini business for clubs across the country.

We attended a couple events promoting Nordic para sports and will be contacting two new sit skiers, Shane Kelly from the Sackville area, and Bernie LeBlanc from the Dieppe area. Both are keen to get started for the 20/21 season.

We had successful racing in the Maritime Cup. Josh raced for the first time and Shane did his usual best times. Unfortunately heavy snow for the Sunday race cancelled our participation.

We planned on attending the final NB Cup races but it got cancelled.

I worked with Emma Archibald from Halifax during club sprints and the Wostawea loppet. Emma is a 17 yr old para athlete skiing without poles. This was a complimentary joint effort between Nova Scotia and NB.

2021 looks to be promising regarding new athletes and participation in our racing program. I worked closely with CCSNB in helping promote Nordic para skiing and we will continue this next season hopefully with no interruptions.

Terry Lavoie

CCSNB Para Coach