



Cross Country New Brunswick

Conduct and obligations policy of the provincial team

Whereas chosen athlete are representing the province of New Brunswick and Cross Country New Brunswick, and are being funded and supported by Cross Country New Brunswick, it has been determined that all individuals exhibit appropriate standards of behavior, attitude and responsibility.

The following policies and regulations will apply to all athlete involved with the Provincial Team Program.

Use of Alcohol and Drugs:

- Any athlete involved in the use of alcohol or drugs will be immediately dismissed from the Provincial Team.
- Obtaining drugs or alcoholic beverages or supplying them to anyone will results in immediate dismissal from the Provincial Team.

Language :

- Athletes are to remain aware of the use of proper language at all times. The use of offensive language will not be tolerated. A warning will be the first step and should the problem continue, it will be referred to the High Performance Committee.

Vandalism :

- Athletes who willfully cause property damage will pay for all damages. In the event the athlete cannot pay, their parents will be held responsible.

Social Behavior:

- It is necessary for all members of the Provincial Team Program to abide by certain rules of social behavior and personal presentation. All athletes are expected to behave like responsible persons at all times. TEAM MEMBERS ARE EXPECTED TO DISPLAY A HIGH LEVEL OF MORAL STANDARDS AND VALUES (i.e. male/female relationship, social situations, etc.). All athletes are expected to stay with the team at all times and are to obtain permission from coaches, manager or person directly in charge before leaving the team base. Athletes are encouraged to participate at scheduled social functions during out of province activities and during provincial training camps. Athletes are to obtain permission from coaches, manager or person directly in charge before leaving the team base.

Bullying:

- Bullying will not be tolerated. Bullying is defined as unwanted negative behaviour, verbal, psychological or physical conducted by an individual or group against another person (or persons) and which is repeated over time.

Curfews :

- Curfews will be set and strictly enforced, room check will be routine.

Guidelines for Travel

Athletes participating in trips with the team must remain in close contact with the coaches or organizers in order to be properly informed, prepared and responsible. While traveling outside their home, in competition or in training, the athlete will comply with the following rules:

- Attend all team meetings unless otherwise agreed with the coach.
- Respect the demands and needs, privacy and sleep of others.

- Inform the coach or coaches if they need to move away from the group. Athlete 12 years of age and under cannot leave the accommodation or competition site unless accompanied by an accompanying adult, coach or designated older athlete. Athletes aged 13 to 23 must travel in groups of two or more.

The above rules will apply while traveling to and from, as well as during any function sponsored by Cross Country New Brunswick.

Athlete’s obligations to the Provincial Team

1. It is the responsibility of the athlete to obtain a new CCC racing licence each year. This licence must be purchased prior to the beginning of the race season.
2. Provincial Team athletes must attend a minimum of 2 training camps during the 2018-2019 seasons (from May 1st ,2018 to March 31st, 2019)
 - a. The only acceptable reasons for non-attendance will be family emergency, sickness/injury (accompanied by a doctor’s note), work (for students), university studies or exams period (for students). Please refer to section on “Discipline” regarding disciplinary action for non-compliance.
3. The athlete must immediately inform the provincial coach in writing of any injuries or illness that will affect his/her training.
4. Athletes are not permitted to drive other athletes unless authorized by parents in writing. Athletes are expected to wear seat belts at all times.
5. Team members are responsible for the care and maintenance of their own equipment and that of the provincial team.
6. Athletes are expected to dress appropriately while traveling as a team and at awards banquets. No track pants, ripped clothing, etc. We are proud to be “The New Brunswick Team”.
7. These actions are in accordance with Athletes Right Legislation.

Disciplinary procedures

Problems will be resolved by the High Performance Committee which will act as a disciplinary committee or by a disciplinary committee designated by the CHP in consultation with the coaches if the athlete's regulations and / or obligations are not respected.

- The disciplinary committee is made up of, as far as possible, a coach, a director other than the parent of the athlete concerned and a member of the high-performance committee of major age.

An Athlete who disrespects others or behaves in an inappropriate manner is summoned to the Disciplinary Committee.

The athlete whose behavior is being examined may appear before the committee accompanied by an advisor.

The Committee may decide to impose one of the following sanctions or any other appropriate sanction:

- Suspension of the NB Provincial Team Program Athlete;
- Suspension of the training or competition athlete, including registration as an athlete of the provincial team;
- No disbursement of money from the provincial team;
- There will be discussion with the parents or guardian to return the athlete to his or her home at the parents' or guardian's expense.

Personal commitment

I, the undersigned, declare that I have read and understood the above text and undertake to abide by the team's code of ethics.

Athlete signature : _____ Date : _____

Parent’s or guardian’s signature : _____ Date : _____

Coach’s signature: _____ Date : _____