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CROSS COUNTRY NEW-BRUNSWICK  
2021-2022 TEAM TRIP SELECTION  
CRITERIA

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# CROSS COUNTRY NEW-BRUNSWICK 2022 TEAM TRIP SELECTION CRITERIA

*Please be advised that the Trip Selection Criteria will be reviewed by Cross Country New Brunswick's High Performance Committee (HPC) every year.*

## PHILOSOPHY

The aims of establishing trip selection criteria are to ensure that:

- a) Athletes and teams representing NB in cross-country skiing are credible and competitive;
- b) A successful high performance program is sustained over the mid and long term;
- c) The most deserving athletes are selected for particular teams and trips;
- d) Athletes receive the required information in a complete, accurate and timely manner.
- e) The selection criteria reflect the recommendations made in the Long Term Athlete Development (LTAD) model endorsed by Cross Country NB (CCNB).
- f) Athletes selected must provide proof of being a New-Brunswick resident when requested.
- g) The selected athletes must apply for the trip to confirm their presence as New Brunswick Team Representative.

The criteria are intended to state the requirements and standards – both objective and subjective – which will be applied in the selection process, and how they will be applied.

## SELECTION CRITERIA

In general, selection of athletes will be prioritized based on:

- a) measurable objectives – results achieved in specified races;
- b) athlete' commitment assessment– relating to an athlete's commitment, ski technique capabilities and ability to perform and contribute in a team context.
- c) costs to athletes and to CCNB and the availability of funding.
- d) other factors – age, health status, past results and force majeure may be taken in consideration. When such factors are considered in the selection process, the rationale and manner in which these factors have been considered will be provided in writing if requested by an athlete.

## **GENERAL INFORMATION**

Selection will be done by a selection committee. The Selection Committee is a sub-committee of the High Performance Committee (HPC), a standing committee of the organization.

Each voting member does not have any conflict of interest with any athletes trying out for a team. The voting members are non-related to the athlete and are not a coach to the athlete.

Selection to trips and teams are primarily based on the selection criteria above; recommendations from CCNB's coaches can also be considered and brought to the HPC. CCNB HPC reserves the right to modify the selection criteria in the event of unforeseen circumstances such as a pandemic, cancellation of a scheduled race or weather conditions.

CCNB HPC reserves the right to modify or withdraw from a trip in the event of a shortage of required leadership, coaching, support people or athlete.

Since the selection process for teams and trips is regulated in part by the available funding, CCNB HPC reserves the right to modify or withdraw from trips or tours due to financial shortfalls.

CCNB highly suggest that any vehicle transporting athletes should have Liability insurance of at least \$2,000,000.

## **TRIP FUNDING**

For each trip, there is a maximum budget approved by the HPC. When creating estimates, all coaching and /or wax technician expenses (travel, accommodation and meals) are included. The remaining of the approved budget will be put toward the athletes expenses. The wax supplies and application are included only when a wax technician and/or a coach are available.

Due to unforeseen circumstances during a trip which would cause extra fees over the approved budget by the HPC; the amount will be brought forward to the HPC for a decision on the reimbursement. For more information on travel costs, please communicate with Team Manager Arthur Austin or Executive Director of CCNB.

## **FORCE MAJEURE**

From time to time situations arise beyond the control of an athlete that could prevent the athlete from meeting an eligibility standard for a race such as in illness, injury, family misfortune, equipment breakage and transportation breakdown. In these circumstances the High Performance Committee will decide on an appropriate action.

In the event of sickness or illness, the HPC reserves the right to ask an athlete to provide a doctor's note and to add or remove an athlete to/from a trip for these reasons.

An appeal must be brought forward to the HPC within 24 hours from the last selection race for each trip. Athlete or responsible-parent must notify HPC in writing by email at [nbxcski@gmail.com](mailto:nbxcski@gmail.com)

## **TEAM SIZE RATIONALE**

Team size for all trips is dependent on CCNB funding with respect to:

- driving, when trips are made by road
- flying cost
- accommodation and meals;
- supervision and care of athletes;
- technical support and coaching

This means that not all athletes who meet the minimum criteria for a particular trip may be able to participate in that trip.

## **EXPECTATIONS OF ATHLETES SELECTED ON TEAM TRIPS**

Each selected athlete must apply to be part of the trip by completing the form in Appendix A and sending it to Team Manager. It will be evaluated by the High Performance Committee. Selected athletes must submit their form to the Team Manager no later than 48 hours from the date of decision for each trip.

Barring extenuating circumstances such as illness or injury athletes are expected to:

1. Show progress to maintain team status. Progress will be measured in the following ways: race results, commitment and athletes training log.
2. Compete in all events on trips that they have been selected to (in agreement with their club coach and/or provincial coach);
3. Familiarize themselves with the selection process. It is the responsibility of each individual including their parents and coaches to be familiar with the processes that could affect them.
4. Possess a valid Nordiq Canada race license and be a member of a CCNB affiliated club. This is necessary to be eligible to compete at the Eastern and the National Championships for U-14 categories and up. Younger athletes may also purchase a Nordiq Canada Development

Race License. This is especially recommended for U-14(2008-2009) athletes.

5. Sign the **Conduct and obligations policy of the provincial team** form before attending a team trip. The form only needs to be signed once during the 2021-2022 season.

## TEAM TRIPS – 2021/2022 SEASON -Eastern: Nakkertok Club, Gatineau , Quebec

Dates: February 11-13, 2022

Travel Dates: to be advise at a later date

Goal: To expose our NB skiers to a high level competition in preparation for National Championship.

Eligible age: born 1999 to 2009

Team Size: possibility 12 athletes (depending on availability of funding)

### Selection Races:

- NB Cup 1: January 15, 2022 in Charlo
- NB Cup 2: January 16, 2022 in Charlo
- NB Cup 3: January 22, 2022 in Fredericton
- NB Cup 4: January 23, 2022 in Fredericton

### Selection Criteria (for each race mentioned above):

- Each athlete’s race time will be converted to the total number of minutes per km.
- A standard by gender and age category will be used depending on the athlete’s category for the current season. The standard used for this selection is explained in Appendix B. An average per category of gender and age will be established according to the following formula: (the chosen standard expressed in minutes per kilometer / athlete’s time expressed in minutes per kilometer) X 100. The percentage will be rounded to the first decimal place. The standard is provided in Appendix B.

NB Athletes percentage vs Standard					
Race Results (NB athlete)			% calculation		
km	Time of race in minutes (hr :min:sec)	Time of 1km (min/km)	Time/km of the athlete (min/km)	Standard (min/km)	%
7.5	00 :28 :06	00 :03 :45	00 :03 :45	00 :03 :30	93.3%
			$\frac{00:03:30}{00:03:45} \times 100\% = 93.3\%$		

- For each skier, the results of the best two races (best classic and best skating) for each skier will be taken into consideration. An average will then be calculated with the following formula: (Best classic percentage + Best skating percentage) / 2.

- Athletes with an average above and including 80.0% will be eligible for selection. Athletes with higher selection percentage will be favored.
- If any selection race is cancelled under any circumstances, selection criteria can be revised. This is at the discretion of the HP Committee.

Decision date: to be determined at a later date

Coaches: to be determined

Team head waxer: Andrew McNair



## TEAM TRIPS – 2020/2021 SEASON – NorAm Youth Championship, Joliette, Quebec

Dates: Feb 26-28, 2022

Travel Dates: to be determined at a later date

Eligible age: born 2008 to 2011

Team Size: 20 athletes

Goal: To expose our NB younger skiers, age 10 to 13, to a higher level of competition in their respective age group and to represent NB in the NorAm Youth Championship in Joliette. This trip will also allow the skiers to bond as a team and encourage them to stay in the sport.

Selection races:

- NB Cup 1: January 15, 2022 in Charlo
- NB Cup 2: January 16, 2022 in Charlo
- NB Cup 3: January 22, 2022 in Fredericton
- NB Cup 4: January 23, 2022 in Fredericton

Selection Criteria (for each race mentioned above):

- Each athlete's race time will be converted to the total number of minutes per km.
- A standard by gender and age category will be used depending on the athlete's category for the current season. The standard used for this selection is explained in Appendix C. An average per category of gender and age will be established according to the following formula: (the chosen standard expressed in minutes per kilometer / athlete's time expressed in minutes per kilometer) X 100. The percentage will be rounded to the first decimal place. The standard is provided in Appendix C.

NB Athletes percentage vs Standard					
Race Results (NB athlete)			% calculation		
km	Time of race in minutes (hr :min:sec)	Time of 1km (min/km)	Time/km of the athlete (min/km)	Standard (min/km)	%
4.0	00 :15 :59	00 :04 :00	00 :04 :00	00 :03 :20	83.3%
			$\frac{00:03:20}{00:04:00} \times 100\% = 83.3\%$		

- The results of the best two races (best classic and best skating) for each skier will be taken

into consideration. An average will then be calculated with the following formula: (Best classic percentage + Best skating percentage)/ 2.

- Athletes with an average above and including 80% will be eligible for selection. Athletes with higher selection percentage will be favored.
- If any selection race is cancelled under any circumstances, selection criteria can be revised. This is at the discretion of the High Performance Committee.

Decision date: to be determined at a later date

Coaches: to be determined

Team head waxer: to be determined

## TEAM TRIPS – 2020/2021 SEASON - National Canadian Championships, Whistler Olympic Park, BC

Dates: March 20-27, 2022

Travel dates: to be determined at a later date

Eligible age: born 1999 to 2008

Team Size: 8 athletes maximum - Male or Female (depending on financing available)

Goal: To expose the best NB skiers to a high level of competition in their respective age group and to represent the NB in the National Championship. Please note that U-14 athlete must race in the U-16 group at the National Championship

### Selection races:

- NB Cup 1: January 15, 2022 in Charlo
- NB Cup 2: January 16, 2022 in Charlo
- NB Cup 3: January 22, 2022 in Fredericton
- NB Cup 4: January 23, 2022 in Fredericton
- NB Cup 5: March 5, 2022 in Tracadie
- NB Cup 6: March 12, 2022 in Charlo
- NB Cup 7: March 13, 2022 in Charlo

### Selection Criteria (for each race mentioned above):

- Each athlete's race time will be converted to the total number of minutes per km.
- A standard by gender and age category will be used depending on the athlete's category for the current season. The standard used for this selection is explained in Appendix B. An average per category of gender and age will be established according to the following formula: (the chosen standard expressed in minutes per kilometer / athlete's time expressed in minutes per kilometer) X 100. The percentage will be rounded to the first decimal place. The standard is provided in Appendix B.

NB Athletes percentage vs Standard					
Race Results (NB athlete)			% calculation		
km	Time of race in minutes (hr :min:sec)	Time of 1km (min/km)	Time/km of the athlete (min/km)	Standard (min/km)	%
7.5	00 :28 :06	00 :03 :45	00 :03 :45	00 :03 :30	93.3%
			$\frac{00:03:30}{00:03:45} \times 100\% = 93.3\%$		

- For each skier, the results of the best two races (best classic and best skating) for each skier will be taken into consideration. An average will then be calculated with the following formula: (Best classic percentage + Best skating percentage) / 2.
- Athletes in the U-14(2008) categories averaging 85.0% or more will be eligible for selection.
- Athletes in the U-16(2006-2007) categories averaging 80.0% or more will be eligible for selection.
- Athletes in the U-18 and older categories (2005-1999) averaging 75.0% or more will be eligible for selection.
- If any selection race is cancelled under any circumstances, the selection criteria can be revised. This is at the discretion of the HPC committee.

Decision date: to be determined at later date

Coaches: to be determined

Team head waxer: Andrew McNair

## Appendix A: Application Form for Competition Travel

Note: Only application forms completed by the athlete will be accepted. One form per selected trip is required.

- Trip  
(check one) :
- Eastern's, Nakkertok, Gatineau, Quebec (February 11-13, 2022)
  - NorAm Youth Championship, Joliette, Quebec (February 26-28, 2022)
  - National Canadian Championships, Whistler, BC (March 20-27, 2022)

### Athlete's Information

Name : \_\_\_\_\_  
Club : \_\_\_\_\_  
Address : \_\_\_\_\_  
Phone # : \_\_\_\_\_

My goals for this competition trip are the following:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What will I do to attain those goals:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- I commit myself to pay the expenses incurred for the trip except in case of force majeure.
- I commit myself to participate in the NB Cup circuit races (as per appendix D)

Athlete's Signature : \_\_\_\_\_

Parent's Signature (if under 18) : \_\_\_\_\_

Club coach Signature : \_\_\_\_\_

Date : \_\_\_\_\_

## Appendix B: Standard by Category, Gender and Age for Selection for National Canadian at Whistler Olympic Park, BC

*\*\* Each standard was calculated using the average of the first three positions by age for the last three years at the Eastern Championships in Cantley. If the average of one year was higher or lower by more than 10% of the other comparative years, this average was eliminated in the calculation.*

### Male Standard

Category	Age as of December 31, 2021 (YEAR BORN)	Standard – Free Style (min/km)	Standard – Classic Style (min/km)
U-18 U-20 U-23	18 to 23 (2003 to 1998)	00:02:42	00:02:49
U-18	17 (2004)	00:02:44	00:02:53
U-16	16 (2005)	00:02:46	00:02:55
U-16	15 (2006)	00:02:48	00:02:59
U-14	14 (2007)	00:02:55	00:03:08
U-14	13 (2008)	00:03:10	00:03:14
U-12	12 (2009)	00:03:37	00:03:33

### Female Standard

Category	Age as of December 31, 2021 (YEAR BORN)	Standard – Free Style (min/km)	Standard – Classic Style (min/km)
U-18 U-20 U-23	18 to 23 (2003 to 1998)	00:03:17	00:03:19
U-18	17 (2004)	00:03:15	00:03:27
U-16	16 (2005)	00:03:21	00:03:30
U-16	15 (2006)	00:03:08	00:03:32
U-14	14 (2007)	00:03:20	00:03:33
U-14	13 (2008)	00:03:29	00:03:39
U-12	12 (2009)	00:03:43	00:03:51

## Appendix C: Standard by Category, Gender and Age for Noram Youth Championships in Joliette, Quebec

*\*\* Each standard was calculated using the average of the first three positions by age for the last years at the Noram youth championships in Joliette. If the average of one year was higher or lower by more than 10% of the other comparative years, this average was eliminated in the calculation. The years of the 2013, 2014, 2015, 2016 and 2017 championships were used for the calculation of the skate style races and the years 2013, 2014, 2015 and 2017 for the classic style races.*

### Male Standard

Category	(YEAR BORN)	Standard – Free Style (min/km)	Standard – Classic Style (min/km)
U-14	13 (2008)	00:02:59	00:03:33
U-14	12 (2009)	00:03:11	00:03:46
U-12	11 (2010)	00:03:28	00:03:47
U-12	10 (2011)	00:03:49	00:04:06

### Female Standard

Category	(YEAR BORN)	Standard – Free Style (min/km)	Standard – Classic Style (min/km)
U-14	13 (2008)	00:03:17	00:03:40
U-14	12 (2009)	00:03:30	00:03:58
U-12	11 (2010)	00:03:48	00:04:05
U-12	10 (2011)	00:04:01	00:04:26

**Appendix D: Provincial team athletes must attend a minimum of NB Cups as indicated in this table.**

If there are 2 NB Cups held during the season (December to April)	Minimum mandatory attendance is 1 NB Cup
If there are 3 NB Cups held during the season (December to April)	Minimum mandatory attendance is 2 NB Cup
If there are 4 NB Cups held during the season (December to April)	Minimum mandatory attendance is 3 NB Cup
If there are 5 NB Cups held during the season (December to April)	Minimum mandatory attendance is 3 NB Cup
If there are 6 NB Cups held during the season (December to April)	Minimum mandatory attendance is 4 NB Cup
If there are 7 NB Cups held during the season (December to April)	Minimum mandatory attendance is 4 NB Cup
If there are 8 NB Cups or more held during the season (December to April)	Minimum mandatory attendance is 5 NB Cup